

# Shenda Falvey

Personal Training & Bootcamps

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## Trainer wins wonder vote

**PERSONAL** trainer Shenda Falvey has been voted Wonder Woman of the Year by female entrepreneurs.

Shenda got nearly a quarter of votes cast by members of the Wonder Woman Network.

She said: "I've yet to replace my gym kit with a sparkly corset and hot pants, but I feel very honoured."

As well as one-to-one sessions, Shenda runs morning and afternoon bootcamp classes plus pre and post natal exercise. Info: [www.shendafalveypersonaltraining.co.uk](http://www.shendafalveypersonaltraining.co.uk)